cidny
CENTER FOR INDEPENDENCE OF THE DISABLED, NY

NEW YORK STATE | Office for the Aging
NY Connects

NY Connects



Manhattan
Hours: 9 a.m. - 5:30 p.m.
Phone: 212-674-2300
Address:
1010 Avenue of Americas
Suite 301
New York, New York 10018
By Appointment Only

Queens
Hours: 9 a.m. - 5:30 p.m.
Phone: 646-442-1620
Address:
80-02 Kew Gardens Road
Suite 400
Kew Gardens, New York 11415
By Appointment Only

Brooklyn
Hours: 9 a.m. - 5:30 p.m.
Phone: 212-674-2300
Address:
30 3rd Ave
8th Floor
Brooklyn, New York 11217
By Appointment Only

Bronx
Hours: 9 a.m. - 5:30 p.m.
Phone: 212-674-2300
Address:
2330 Hoffman Street
Bronx, New York 10458
By Appointment Only

Staten Island
Hours: 9 a.m. - 5:30 p.m.
Phone: 212-674-2300
Address:
25 Hyatt Street
Suite 201
Staten Island, NY 10301
By Appointment Only

GREATER NEW YORK CHAMBER 212 CHAMBER
MEMBER 2025

CIDNY is a nonprofit organization founded in 1978. We are part of the Independent Living Centers movement: a national network of grassroots and community-based organizations that enhance opportunities for all people with disabilities to direct their own lives.

What is NY Connects?

- The **NY Connects program** is the trusted place to go for free, unbiased information and assistance around short term and long-term services, resources and supports.

- We work with **New Yorkers of all ages** and with any **type of disability** whether they live at home, or another residential setting.

- Our goal is to help connect people with the resources they need to achieve and maintain their **independence** including by helping people **enroll in benefits and programs.**

Center for Independence of the Disabled in New York (CIDNY)

CIDNY is a nonprofit organization founded in 1978. We are part of the **Independent Living Centers** movement: a national network of grassroots and community-based organizations that enhance opportunities for all people with disabilities to direct their own lives. CIDNY's goal is to ensure **full integration, independence, and equal opportunity** for all people with disabilities by removing barriers to the social, economic, cultural, and civic life of the community.

NY Connects is one of the many programs at CIDNY. For more information on other CIDNY programs, please visit: **www.cidny.org**

Who We Serve

We serve all populations living in NYC that want information and assistance concerning long term support services, **regardless of age, disability, or income**. This includes:

- Older Adults,
- Adults with disabilities,
- Children with disabilities,
- Individuals with or who may have Alzheimer's Disease or other dementias
- Caregivers or Families of the above populations
- Professionals, including discharge planners, assisting individuals in need of long term services and supports
- And Friends, Neighbors, and other individuals seeking long term support services.

NY Connects - Getting Started is Easy

Please call our direct line at **1-844-862-7930** or complete our web form to get connected to a Benefits Counselor in your borough.

Our Benefits Counselors provide **person-centered counseling** including eligibility screening for benefits and services. We can help complete applications and enrollment, as well as advise on how to maintain benefits, set goals for long term care, and access community resources.

With your permission, we can also refer you to the agencies you want to work with.

Learn About Benefits and Ask a Counselor to Evaluate Your Eligibility:

- Social Security Disability Insurance (SSDI)
- Supplemental Security Income (SSI)
- Temporary Assistance for Needy Families (TANF)
- WeCARE
- SNAP (Food Stamps)
- Heating and Cooling Assistance
- Property Tax Relief

Apply for Health Coverage and Get Access to Health Care:

- Medicaid (including Managed Long-Term Care and Waiver Programs)
- Medicare (including the Medicare Savings Program and Extra Help)
- New York State of Health Marketplace
- Elderly Pharmaceutical Insurance Coverage (EPIC)
- NYC Care

Other Health-Related and Personal Care Services:

- Home Health Aides
- Nursing Facility Appeals
- Abuse Prevention & Protection
- Personal Care
- Managing Chronic Conditions
- Durable Medical Equipment (DME)
- Housekeeping
- Household Finances
- Home safety and accessibility
- Preparing Meals

Returning to the Community:

When you are ready to come home from a hospital, nursing home or rehab, **we can help make your transition smoother with links to:**

- Community support services
- Transition programs
- Home Health Services
- Consumer Directed Services (CDPAP)
- Assistance with Supportive Housing applications
- Financial Supports (such as One-Shot deals and Subsidies)

Education & Counseling

Planning for your future can involve learning new skills, **we can connect you to**:

- Independent Living Skills Training
- Adult Education
- Supported Employment
- Occupational Skills Training
- And other Support Services

NY Connects Partner – NYC Dept. for the Aging

- NY Connects is a program funded through the **New York State Office for the Aging (NYSOFA)**.
- NY Connects at CIDNY collaborates with NYC's Department for the Aging in providing this important service.
- While we at CIDNY have an expertise in **disability**, our NY Connects – NYC Dept. for the Aging partner, has the same program that focuses on **aging resources and services**.
- They can be reached through the NYS toll-free number: **1-800-342-9871**.

Contact NY Connects:

- **By Phone: 1-844-862-7930**
- **By Web form: www.cidny.org/getnyconnects/**

Interpretation and translation services are **free**. Individuals who are Deaf or who have hearing loss may use **NY Relay System 7-1-1**

Locations:

CIDNY, Brooklyn
30 Third Avenue, Suite 800A,
Brooklyn, NY 11217

Bronx Independent Living Services (BILS)
4419 Third Ave #2C
Bronx, NY 10457

CIDNY, Manhattan
1010 Avenue of the Americas, Suite 301,
New York, NY 10018

CIDNY, Queens
80-02 Kew Gardens Rd,
Suite 400
Kew Gardens, NY 11415

CIDNY, Staten Island
25 Hyatt St., #201
Staten Island, NY 10301

Find us in the community:

For an upcoming list of events we will be at, please visit: **cidny.org/calendar**



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